



Budding Writers

Pearl Edition



Introduction

It is said that “Writing” is a medium of human communication that represents language with signs and symbols. It is a complement to speech and not a language itself but rather a tool developed by human society which relies on many of the same structures as speech, such as vocabulary, grammar, and semantics.

However, at Buddhist Leung Chik Wai College writing is so much more than a collection of words, punctuation and rules. For us, our students' writings encapsulate thoughts, feelings and ideas. They demonstrate our students' ability to conceive, organise and express deliberate and well planned out stories and essays in a creative manner.

In our students' writings we can see their opinions, reservations, goals and even dreams. This booklet is a collection of our students' writings and we are proud to publish them and have them read by our students, colleagues and parents. We hope that you will enjoy these writings as much as we did. Many thanks to the students who put the time and effort to share their thoughts with us.

Mr.Bell
Native English Teacher, English Department

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[1] 2D Law Sing

Clean environment—Starts at home

We all love living in a clean environment. A clean environment means clean air, good land management, recycling rubbish whenever possible and having more green spaces. A clean environment is important for both physical and mental health. People can live longer in a healthy and clean environment. Moreover, people are more relaxed and happier. Here are some simple things to do to keep our environment clean.

Reducing air pollution

Firstly, use less electricity and gas. Secondly, we should support planting more trees in the area we live and in local parks and gardens.

Minimising water pollution

We should not pour pollutants down the drain. Also, use a biodegradable product.

Reducing land pollution

We should separate our domestic rubbish. Also, we should only shop for what we need but not what we want.

Imposing a fixed littering penalty of \$1500

I support imposing a fixed littering penalty of \$1500. There are two reasons.

First, the penalty deters people from littering. Nowadays, people often throw rubbish. They simply do not care about the environment. When imposing a penalty of \$1500, they will be afraid of paying the fine. Therefore, they do not litter and spit. To sum up, the penalty is effective in reminding people not to make the streets dirty.

Even though some people think that \$1500 is not much and citizens still litter, in fact, this helps people care more about the environment. I believe that we have turned a blind eye for too long. When the environment is filthy, there will be germs and people will get sick easily. This is not desirable. In my opinion, the penalty can raise public awareness about protecting the environment. That's why I support the measure.

The earth

Dear members of the Student Union,

We live on a beautiful planet named "Earth". But now, the earth is being destroyed by humans. In order to save the beautiful planet, we must do something green in our daily lives. It is important for us to create a more environmentally-friendly school. Here are my suggestions.

Firstly, we should reuse and recycle some litter such as glass, plastic and cans. These are the resources which are valuable to be reused. For instance, cans are made of metals. Reusing the cans save not only our natural resources but also money. Metals are extracted on earth. While we extract metals, we waste a lot of money. Thus, in our daily lives, we should place different kinds of litter into different kinds of recycling bins to help reuse the rubbish more easily.

Second, we should turn off the light when it is not needed. Reducing the use of lights also reduces electricity. Also, it can help us reduce the amount of carbon dioxide. While we use electricity, we need power to work and release carbon dioxide at the same time. Maybe it is not very effective in a short time but it is a good way to save energy in our daily lives. Both houses and schools could be more environmentally friendly. We can take action.

Hong Kong light pollution

Hong Kong is a place which many tourists visit. But Hong Kong has a big problem with light pollution.

Firstly, let's talk about the cause of light pollution. In Hong Kong, the major reason is advertising boards. Advertising boards are on busy streets like Mong Kok and Tsim Sha Tsui because these are popular districts. These advertising boards are promotion tools to attract customers.

Secondly, the effects of light pollution can be serious. You can't enjoy the nature in Hong Kong, because you can't see stars if the light pollution problem persists. Actually, turning on advertising boards all day long wastes electricity and money. It destroys our earth.

Lastly, let's think of some ways to reduce light pollution. We can teach the young generation to learn ways to stop this problem or we can set up laws to stop the problem.

Beach cleaning

Dear Organizer,

I am writing to express my concern about the activity which will be held next month. I firmly believe beach cleaning is the best and ideal activity among the three activities.

Firstly, beach cleaning not only benefits human, but it also helps animals. There is no denying that humans dump toxic into the water once in a while. It is somehow a ubiquitous phenomenon in places which are not supervised. Businessmen aspire to cut down the cost of tackling the trash and earn more profits. Consequently, the beach will be filled with harmful materials which will poison animals. Since the government is not taking concerted action to solve this problem, I assume we should take the lead to address this issue.

Moreover, since we consume lives in the sea, we should clean the beach for our own sake. Primarily, no one wants to consume toxic fish. Cleaning the beach prevents us from consuming plastic or glass. If we accidentally eat the poisonous fish, we will suffer from serious illnesses. People may end up staying in hospitals overnight. Additionally, cleaning the beach can ameliorate Hong Kong's image.

Most of the beaches in Hong Kong do not have sufficient people to keep an eye on the environment. People throw their unwanted things away without feeling ashamed. Tourists coming to Hong Kong assume beaches are clean and beautiful. If they see the clean beaches, they will think of Hong Kong positively.

I sincerely hope you will take my advice.

Yours faithfully,
Taylor Lee

[6] 1B Tsang Tsz Kit

My sharing of joining the study tour

I enjoyed this trip very much. I made a lot of new friends. Everyone around me treated me well. Although sometimes the lessons were boring, I enjoyed them. The activities were interesting and I liked going to the Brighton Marina most because we went bowling there. The activities were fun. Some activities such as going to the Devils Dyke and the Seven Sisters were similar to P.E. lessons. The Brighton quiz enabled me to practice my English and trained me to be confident enough to talk to strangers. I enjoyed this trip very much because of one person, Joel, the activity leader. He talked to us and told jokes all the time. He brought fun to us and improved our English.

A trip to Hong Kong

Hi, Celeste Lily,

Hong Kong is one of the world's most densely populated city. There are many visitors to Hong Kong every year. When I tell visitors my hometown is Hong Kong, they always think about the food in Hong Kong.

I agree with them. In Hong Kong, all food is delicious. In Hong Kong, there is special local food. You can find curry fish balls and egg tarts everywhere. Most Americans love the food very much because the curry fish balls are a bit spicy and the egg tarts are crispy.

Next, let us go to the New Territories. In the New Territories, you can buy spring field pizza and dragon bread candy if you are lucky. The food is sweet and sticky. If you love sweet food, you need to go there. The last one is pineapple bun. You can buy it in Hong Kong.

There is a lot of local food in Hong Kong, so I think visitors need to try them.

Bonnie

A trip to Japan

Yesterday, my family and I travelled to Japan. On the first day, we did some sightseeing. We saw a lot of trees with pink leaves. I asked my brother what those were. He told me, "They are called sakura(cherry blossoms)". Those were the most beautiful flowers I have ever seen so I took a lot of pictures of them and set them as my wallpaper. Then, we all got hungry so we bought some local snacks like sushi, etc. They were tasty but I prefer the local food in Hong Kong.

On the second day, we went to Tokyo Tower. It was a very hot day but this was not the point. The point was I saw a pretty girl there so I sat next to her and tried to talk to her but she spoke Japanese. Therefore, I spoke English to her and I finally made friends with her. She showed me and my brother around Tokyo Tower.

Japan is a really nice place. I will definitely visit it again and meet up with that pretty girl.

A trip to Macau

I went to Macau with my best friend, Yamme. I really enjoyed the trip.

Yamme and I went to Macau by ferry. On the ferry, we were so excited when we talked about Macau's tourist attractions.

We visited Macau Tower. On the first day, before the visit, we were hungry so we found a bakery and ate egg tarts and pork chop buns. Those were very yummy. We were impressed by the taste. I think nobody should miss the egg tart in Macau. Macau Tower has a nice view of the whole Macau—I took photos with my friend and I bought a few souvenirs there because they were expensive. Sadly, we could not go bungee jumping. We spent all day in Macau Tower.

On the last day, we visited the A-Ma Cultural Village. There are temples, museums, and shops. The museum shows the history of A-Ma goddess. Then, we went to Ruins of St. Paul's and took photos.

I think this was an enjoyable trip.

A travel blog entry

Last month, I visited the official website of the Macau Government Tourist Office, and I found lots of information and beautiful pictures of Macau. I found this place fascinating, so I decided to go to Macau with my family the following week.

Finally, we went to Macau last week. We spent an hour on the ferry, and we arrived in Macau in the morning. Then we went to our hotel which we had booked two weeks ago. After we put down our suitcases, we went sightseeing at Macau Tower. The views of Macau from Macau Tower were fantastic. My father went bungee jumping at Macau Tower, and he said that was exciting. After that, all of us felt a little bit hungry, and we went to the Lord Stow's Bakery to try some local food. I love the pork chop bun and Portuguese egg tart. These were very delicious. Next, we went to the Hac Sa beach. We swam and enjoyed the sunbathing there. At night, we went back to our hotel and took a long break until the next day.

On the second day, we visited a museum. There are lots of exhibits in the museum. After visiting the museum, we went shopping for souvenirs at the shopping mall. I bought lots of local snacks as souvenirs. In the afternoon, we went sightseeing again at Ruins of St Paul's. I took lots of beautiful

photos there.

Finally, we went back to Hong Kong in the evening. We all felt exhausted and took a rest at home.

I think Macau is a good place for everyone to go to because it is near Hong Kong. The distance from Hong Kong to Macau is not very far. We can always visit Macau.

[11] 6B Chan Yu Shi

Nasty Chinese food?

Recently, I read a comment about Cantonese food suggesting that it is “healthy” and looks disgusting. I totally agree with the points put forward in the comment. Here are my views on that.

To begin with, it was mentioned that there was too much meat and not enough vegetables, which is true. Our bodies need the dietary fiber, vitamins and carbohydrates in vegetables to sustain health. Many Cantonese dishes incorporate meat and neglect to add vegetables to it for being able to afford meat is a symbol for wealth. People nowadays care about their faces and how people think of them more than their own well-being. There are Cantonese cuisines that include plant-based food like tofu or mushroom, but those are just the minority and they usually come in as alongside, which people often think of it as decoration, driving more and more Cantonese dishes to put emphasis on meat.

Another viewpoint stated in the comment was that some of the meat dishes look disgusting. Examples given were chicken’s feet and ducks’ tongues. I partially agree with this. Some meat dishes look disgusting and nasty. In my opinion,

all the meat dishes are disgusting and nasty. Have you ever wondered where the meat comes from? It is the dead bodies of animals that are raised in filthy cages and slaughtered cruelly against their will. The so called “regular” meat is no better than the feet or tongues. If you say you favor normal meat dishes but are disgusted by eating other parts of an animal, that would be a bit double standard, right? You may defend by saying those feet and tongues are different. They are dirty. However, what is the difference between your own pets and the farm animals, when you do not eat the former yet consume the latter? What makes the regular meat any cleaner than feet and tongues after they have been cooked? How about sashimi from Japan? That is even raw meat! If I have to answer, the only difference is your attitude. All forms of animal products are disgusting.

Some being made from endangered animals like sharks and abalone, Cantonese food arouses the concern of the public. Shark fin soup is nothing rare to many weddings, birthday celebrations in Cantonese culture, which I think is unacceptable. Take sharks as an example. The other parts of a shark do not taste good due to the accumulation of mercury inside their body. Yet “clever” Cantonese people came up with the idea of eating only the fins. Therefore, many sharks got their fins chopped off and left in the ocean, with no treatment

to the wounds, desperately waiting to die from severe blood loss, extreme pain or infection. The manner of extracting fins from sharks undoubtedly does not fit the society norm where we promote responsibility, love and care. There are many alternatives available to replace these “luxurious” food choices while leaving the animals alone. So, the dishes that are made from endangered species should be abandoned. There is not a single point to keep murdering these innocent animals and disturbing the ecosystem for our enjoyment of some temporary excitement on our taste bud.

Last but not least, it is sad that Cantonese food is known for fatty dishes like roast pork and roast duck, which is bad for our health. I could not agree with this more. Meat itself carries tons of unhealthy substances such as cholesterol, trans fat and other carcinogens, not to mention its low health value after being deeply fried. Many Hong Kong people suffer from high blood pressure or high blood cholesterol, a fatty diet being attributable. It is also the leading cause of many preventable diseases like heart disease, stroke, cancer and obesity. Let alone fatty meat dishes, even vegetables cannot be that much of a lifesaver when it comes to Cantonese cuisine. To make things smell good, just a simple dish of “Cantonese” veggie can be as oily as meat dishes.

On the other hand, it is unfair to pinpoint that Cantonese food is unhealthy. Vegetarian dishes for religious purposes are something rather mild to opt for. There is no denying that a Buddhist sits a special place in Chinese custom. Vegetarian dishes are surely cruelty-free, lighter and healthier. I am sure if you try, you are bound to fall in love with it. It is because at the end of the day, health is our top priority and lays the foundation to success in all aspects of our life, and personal taste preference should come next.

All in all, the reader has made some very good points and has successfully raised our awareness of diets. I hope we can all pay more attention to our diet, health and the animals.

Yours sincerely,
Chris Wong

[12] 4A Wong Kam Nam, Liam

Egg puffs

Hong Kong is known as “gourmet heaven” because there is a raft of authentic delicacies such as pineapple buns and Hong Kong-style milk tea.

For me, egg puffs are my favourite snack. Not only do they have a unique taste, but they also give me nice memories.

Egg puffs are crunchy and golden yellow in color when they are done lightly. Their shape is similar to eggs and they are a little bit sweeter. Their smell is irresistible.

I love to have egg puffs with my family members. Since I was a little kid, I have developed a habit of buying a bag of egg puffs on family days. After I buy a bag of egg puffs, my younger brother will hold the bag. Then, he will use his small hands to separate the egg puffs and share some with me and my parents. The egg puffs are so sweet that I would chew them slowly in order to make the taste last longer.

Egg puffs are still my favourite Hong Kong food. The different flavors like chocolate flavor and green tea flavor can show Hong Kongers’ creativity.

Travelling on the MTR

Dear Editor,

I am writing to express my concern about many people not following the signs or rules properly when travelling on the MTR.

The first problem is about courtesy. Some people turn a blind eye to old people, pregnant women and disabled people. It is important that we offer seats because the expected mothers standing too long will feel tired. The MTR is crowded and shaking, the old people may fall down. It will make them hurt. Also, some people take the priority seat. When they see the needy, they do not offer their seat. I suggest that people please offer their seat to anyone in need because it will be dangerous for these weak people.

The second problem is hygiene. Some people spit and spread germs. Spitting makes the area unhygienic. People also eat or drink on the MTR. I suggest that people eat before arriving at the MTR station. In this way, every passenger can enjoy a clean environment and have a cozy trip.

People should be more careful about these two problems and join hands to make the situation better.

Yours faithfully,
Chris Wong

Amazing Hong Kong

Dear Celeste Lily,

Hi Celeste Lily, I would like to tell you something about Hong Kong.

Hong Kong is a special administrative region in China. In Hong Kong, many people are Chinese. They speak Cantonese in Hong Kong. The climate in Hong Kong is moderate.

Hong Kong, the Pearl of the Orient, is a popular tourist destination because Hong Kong has many charming scenic spots. The skyscrapers of Hong Kong which were built along Victoria Harbour strait are scenic spots. You can take a boat tour to watch the light and sound show "A Symphony of Light", or enjoy a dinner in the center of the harbour.

Hong Kong is also the "Culinary Capital of Asia," which has more than 12,000 restaurants with more than 100 kinds of cuisines. You can taste not only the authentic cuisine, but also the fusion food and exotic cuisines. In Hong Kong, you may try many local snacks, such as pineapple buns, egg tarts, shark fin soup and mini egg puffs.

It is impossible to write everything about Hong Kong. I hope you can come to experience them yourself.

Love,
Annie from Hong Kong

Introducing Hong Kong

Hi, Celeste Lily,

My name is Jacquelyn. I am from Hong Kong. I love sightseeing and eating. Now, I am going to tell you something about Hong Kong.

There are many beaches in Hong Kong. The beach I like most in Hong Kong is Pui O beach on Lantau Island. We can swim, play with sand, go surfing, have BBQ or even collect shells to eat. The facilities are perfect. After playing, you can take a bath and buy some food in the snack shop.

Hong Kong is a gourmet paradise. We can enjoy food from around the world. The quality of food is good and the price is very cheap. For example, Japanese food, Korean food, Indian food are very common in Hong Kong.

Although Hong Kong is a small place, there are many fun things to do. Let us go travelling there!

Yours,
Jacquelyn

Experience on the MTR

Dear Editor,

In order to allow passengers to have a comfortable environment on the MTR, I am writing to express my concern about the problems I have seen on the MTR. Many people do not follow signs and rules properly.

First, I saw passengers rushing to the train. I think it is dangerous. We should follow the rules when we enter the MTR compartment and let others get off the train before boarding. After entering the MTR compartment, we should move inside to make room for other passengers.

Second, I saw that pregnant women and disabled people could not find their seats. I think we should offer the seats to anyone in need. And passengers should not occupy the priority seats because these are specially designed for the people in need.

Third, some passengers ignored the signage. They ate or drank and even smoked on the train. They will make the compartment very dirty. And it will affect other people. They may feel sick. Besides, we should not spit because it spreads germs. Spitting makes the area unhygienic. This is selfish

behavior. We should not do all these things on the MTR. We should keep the trains clean.

In short, to enjoy a cozy ride, I hope passengers will pay attention to these problems. If they keep on behaving inconsiderably, nobody will take the train anymore. Let's join hands to make the situation better!

Yours faithfully,
Kristin Ha

[17] *5B Yip Chun Wai, William*

My impression of Hong Kong

My first impression of Hong Kong

The first thing I noticed was unfortunately the problem of air pollution. The air there was really choking. It was a kind of feeling that I was locked in a room with poor air-conditioning. The airport was fairly crowded, but it is understandable since Hong Kong is no doubt a busy international city. On the other hand, the amount of 'green' places in Hong Kong is pretty impressive. When I looked out of the window on the plane before it landed, I could see an overwhelming amount of forests in a developed, modern city.

Hong Kong people

Hong Kong is known as a fast-paced city, but from my point of view, the reality is fifty-fifty. If you look at the people in the commercial districts, then it is true. The people really try their best not to waste a single second, but there are usually some of the elderly sitting there, chatting with each other and not caring about if time has gone by.

Some might say that most Hong Kong people are inconsiderate, but I found that it is not the case. Two out of five people I had encountered were actually willing to give

me a helping hand when I asked them for the location of some attractions. Seven out of ten people, which might sound very few, were struggling to be punctual, so I think Hong Kong people are actually more kind-hearted than what we think they are.

Culture of Hong Kong

As we all know, Hong Kong was once a British colony. While most of its population is Chinese, it is not crazy to think the culture is a hybrid between the British and Chinese cultures. In reality, both cultures have co-existed without much of a change, so in theory it is possible for us to experience both cultures on this small but fantastic island.

[18] 4A Ho Yuk Yee, Yvette

Impact of divorce on children

Dear Lillian,

I am writing to express my view concerning your programme, which is about the impact of divorce on children. I totally agree that the negative influences on children are profound but I do not really agree that we should put all the blame on divorced parents.

Parents' divorce affects children's mental development in a negative way. Family is the most important place for children to develop all-round personality. The better the environment, the higher quality of education the children can enjoy. Therefore, children may have lots of problems if they are in broken families. There is no doubt that no one wants to have the experience of their parents having divorced since the life of the children will be greatly different. Children may be reluctant to have close relationships with others since they are afraid that their friends will leave them one day. It will also lower their confidence and self-esteem, which makes them lose the abilities to get along well with other people or have a wonderful social life.

Not only will divorce have a negative impact on children's mental development, but it will also cause detrimental consequences on their academic performance.

If the children lose their father or mother, they will not receive as much care and love as before. Some of them

may try to become bad kids in order to grab their parents' attention. Besides, some of them will feel so upset that they think they have no hopes in the future. Families are the only people they are concerned about. Without their parents' care, they will also not have the motivation to strive for the best in academic performance. Obviously, it will worsen children's academic performance. As a result, they may become losers in the future.

Parents' divorce causes irreversible harm to children. Not only is the social life affected, but their academic results may also deteriorate. However, we should not put all the blame on divorced parents. They must have their own reasons for getting divorced.

Divorced parents are victims too. It is believed that they know about the bad effects of getting divorced. If they still decide to do this, I think the reasons must be understandable. Perhaps, there may be violence or severe problems involved which affects the whole family. In this case, divorce is even essential.

Parents' divorce deals a great blow to children's lives. We must consider thoroughly before we act in an effort to safeguard the lives of the children. We should also offer sympathy towards these poor divorced parents instead of blaming them since they are also the victims who have an unhappy experience in marriage.

Regards,
Yvette

[19] 2A Fong Ting Chi

A day at Ocean Park

Dear Jane,

I had a good time today. Let me tell you something fun. Today was sunny. It was perfect for going outdoors. So, I went to Ocean Park with all F.2 students. I am happy to go to Ocean Park with my friends.

There are many attractions at Ocean Park, so it is hard to choose one. However, Candy who likes fish suggested going to the Grand Aquarium.

Then we saw the marine life like jellyfish, sharks and coral reef. Before I went there, I thought it must be very boring. In fact, it was great. I know you love fish, so I took many photos for you.

After that, I took the cable car to go to Highland. I saw the view. It was awesome.

I went to highland to watch the dolphins and seals. When I arrived there, I found a seat. I saw the dolphins playing tricks and jumping out of the water. I felt it was fascinating.

It was very funny. Oh! My mum is calling me right now. I must go out. Please write me back.

Love,
Ting Chi

Put Chai Ko—My childhood memory

Hong Kong, a place that is called the 'Food Paradise' by people all over the world, is famous for its irreplaceable indigenous cuisine. For me, Put Chai Ko is the most yummy snack in Hong Kong.

Put Chai Ko is a pudding cake that is sweet in taste and in a bowl size. It is made with brown or white sugar and some rice flour so its color depends on the kind of sugar you use. You can even add some red beans to Put Chai Ko. In these few years, different unique flavors of Put Chai Ko have emerged. Not only can you find the traditional flavor, but you can also find Put Chai Ko with green tea or pumpkin flavor.

Put Chai Ko is important to my childhood. When I was small, my grandmother always accompanied me to the park. After playing for a long period of time, I started to feel hungry. My grandmother would buy me Put Chai Ko. It is the most delicious snack I have eaten in my life. Although Put Chai Ko nowadays has many different flavors, I still like the original the best, because it contains my childhood memories.

Everyone has their own favourite snack. Mine is Put Chai Ko. How about you?

My favourite festival: Valentine's Day

My favourite festival is Valentine's Day. I like it because during the festival, we can get chocolate and feel the love around us.

The festival is on 14th February. During the day, I will find the most popular chocolate and buy it at all costs. If the chocolate is sold out, I will make it by myself.

I will give the chocolate to the girl I like and meet her in a western restaurant to have a warm dinner, too.

Overall, Valentine's Day is the best event ever in this planet because I can exchange chocolate with the girl I like.

Family is the most important

Dear Mum,

I am feeling nervous while I am writing this letter because I seldom talk to you frankly. You know what! Sometimes you are annoying. But I know you worry about me. As your son, I know you just want me to do well. I know I always give you much trouble. I argue with you all the time. I like playing tricks on others. Do you know why? It is because I am lonely. Dad and you are always busy. The only thing you will tell me is "Have you finished your homework?" or "Stop playing with your mobile phone!" I believe our relationship is more than schoolwork or mobile phone. But I just can't feel it. Poor Kitty is always my target. I think she is the worst sister in the world. She just ignores me. Each time when I argue with her, you just ask me to shut up. It sounds like it is my fault only. However, in my deepest heart, I know it is because you don't want me to get hurt.

I just don't understand why you say you love me but you are rude to me. Recently, I have figured out the reason...

In early April, I read a book about a mischievous boy called Max. He argued with his mum and sister because he felt lonely and he wanted to control his world. Then one night, he ran away from home and arrived in another world which was full of wild animals. At this stage, I can feel how

amazed Max was because he can reach a place that he likes. Max found that he had magic power. But one day, all the animals were hungry and they wanted to eat Max. Luckily, he escaped successfully. Finally, he returned to the original world. His supper was waiting for him. He realized that his mum loved him so much. This story tells me that family is the most important.

In this story, although Max got mad at his mum, she still showed her love to him. Max believed that the wild world suited him, but finally he found that it was wrong. He became more considerate to his mum. It is really like you. Family relationship is built on obedience and understanding. This part tells me you always shout at me just because you love me. At this stage, a lot of happy moments pop up in my mind. Sometimes you watch TV with me when you finish your housework. I know you enjoy the time when you do everything with me, and so do I! You always buy everything I want. I remember that when I was a kid, you always bought the superhero DVDs in Yuen Long. When I grow up, I don't have much time to watch DVDs so you buy some food when I'm hungry. You do everything for me so I love you.

All in all, I think you are the best mum in this world! I love you in any situation. I am looking forward to the TV moment with you every day!

Best wishes,
Justin

Overcome my problem

When I was a child, I faced many problems and challenges. I joined many competitions like football matches, the Speech Festival, etc. In all these activities, I faced many challenges, but I didn't feel hopeless as I would seek help if necessary. However, there is still one problem that I can't solve today. I have faced it ever since I was a baby. It came from the natural world – thunderstorm.

Some kids are scared of thunder because they are small and don't know what thunder is. When I was a kid, I was always scared of thunder. I remember when I was four years old, I was so active and naughty that I broke a vase. Then my father threatened that if I were naughty again, I would get killed by thunder and lightning. It dealt a significant blow to me because I thought that was true. After this bad memory, I have become a healthy child, but I'm still scared of thunder. That is embarrassing.

Now, I am 15 years old, but I still cannot forget this fear. I have to instinctively keep my hands on my ears and wear an eye mask when it is raining. Although I know that bad memory isn't true, I still get frightened. Sometimes, this way doesn't work because if it rains cats and dogs, the sound of thunder will get bigger as if it was the sound of a huge

explosion. So, I can do nothing except shake my body in my bed. At school, I am grateful that my friends don't sneer at my weakness.

Last month, I found the best way to overcome my problem. I kept three cats when I was young. They were all afraid of thunder too. I tried to comfort my three cats when there was a thunderstorm. I found that it was a good way to reduce the fear while comforting them. So, I believe that we can solve our problems, challenges, and even our weaknesses. If we don't do anything and just evade the problem, we can't surpass ourselves at last.

Precious family forever

Dear Mum,

Can you imagine how nervous I am now while I am writing this? I am shy, and I seldom talk to you frankly. Being your daughter, you want me to do better. But I am not smart, and so, I may not be able to do what you want. I know I always give you much trouble. Sometimes, you are annoying, and I always argue with you. Do you know why I always talk to my friends? It is because I am lonely. You seldom talk to me because you are very busy. The only thing I can do is to play with the mobile phone in my bedroom. Sometimes you are nice, sometimes you are bad. When I forgot to do my homework, you hit me. But when I said I wanted a new mobile phone, you bought it for me immediately. Though I am your daughter, I still can't figure out whether you love me or not. I don't understand why you say you love me, but you always argue with me and hit me.

Recently, my English teacher recommended a short story to us. The story is about a mischievous boy called Max. One day, he argues with his mum because he is lonely and he wants to control this world. His mum is angry and asks him to go to his bedroom. He feels angry and leaves home. He then spends almost over a year going to where the wild animals

are. He becomes the king of the wild animals. Finally, he finds that the wild animals don't love him. When he is home, he finds his supper waiting for him, and it is still hot.

When I finished the story, I thought Max should talk to his mother more so that they understand each other more. We should build our family relationship on obedience and understanding. For us, I think I should talk to you more often. I remember that once I was doing a project in Tai Hing Estate at night, you were worried that I did not have anything to eat, so you came and gave me food! When I said I wanted to have a new mobile phone, you said 'No!' but finally, you still bought it.

I just want to let you know that in my deepest heart, I love you very much.

Lots of love,
Pauline

I love my mother

Dear Mum,

Hi! I am feeling worried while I am writing this letter because I am afraid you will be annoying again. Your typical questions “Why don't you bring your phone to the bathroom?” or “Why do you come home so late?” pop up in my mind. Your annoyance reminds me that I am your daughter. I argue with you all the time. Our relationship is not good. I just want to have a free and wonderful childhood so every time I still answer you to make you feel good. In fact, I don't want you to control me all the time. However, a book has changed the way I see you.

In May, I read a book about a naughty boy called Max. He always thinks his mum doesn't care about him. He feels very lonely and upset. Once, he cannot stand it anymore, so he wears his wolf suit and does some naughty things. His mother is scared and calls him ‘wild thing!’ Then he is sent to bed without eating anything. At night he dreams of going to a forest where the wild things have terrible teeth and roar their terrible roars. However, Max uses the magic trick to make him king of all wild animals. Although Max has the power, he is just a child. In fact, Max just wants someone to love him. Then he goes to find his mum, who has already

prepared supper for him.

From this story, I learn that you keep asking me because you care about me. You are afraid that I spend too much time using the phone. You fear that I become rebellious and make friends with the bad guys. Among all of your children, I am the most stubborn one. I always think I am correct. No matter what I do, you will still forgive me and still love me. The ending of the story reminds me that no matter what happens you still care for me. The door of home is always open to me. When I argued with Katy, you tried to stop us. I thought you were not fair. But now I know it is because you love me.

All in all, I know you are the best mum in the world. I love you in any situation. I am looking forward to taking care of you when you need me!

Love,
Mei

Gym—A must at school

Nowadays, obesity has become a common phenomenon in our community with rising temptation from fast food, junk food and snacks. This phenomenon is especially prevalent at school since the obesity rate has risen from 5% in 2000 to 12% in our school. Isn't it high time we built a new gym in school during the summer renovation to stop the problem from deteriorating for the sake of our students' health?

The justifications to support the principal's proposal are manifold. The first springing to mind is that the new gym can provide much convenience for students to do sports. Most of our students are concerned about their results in the public examinations so they would rather spend all their time on books than squeeze a moment on leisure exercise. Alongside, another excuse for not exercising is that they find it inconvenient to go to sports centers to play badminton or basketball. With the establishment of the gym, students can spend their time doing sports for around an hour each day after school without causing any disturbance to their studies. In the long run, students can lose weight in a safer way with their fat and calories burnt daily rather than take in drugs to build a better body shape.

Another factor we often overlook is that a gym can

encourage students to do sports on their own. If a student goes to government-based centers, it will cost him or her \$20 each time to use the cycling machine, let alone other private gym centers which may add the cost up to \$100. The high exercise fee is a barrier discouraging students from doing exercise in their free time. If our school's new gym room is totally free for students, they will no longer worry about the costs but do sports voluntarily in our well-equipped gym. After renovation, with our school becoming more accessible to sports, our students will not only exercise during PE lessons, but also have great initiative to keep fit through treadmills anytime after school.

Undoubtedly, the library is part and parcel for students, especially for those highflyers to get enough past paper resources to equip themselves well for the upcoming public examinations. With a new library, the reading and studying environment will be improved and more books can be stored for students to widen their horizons to a greater extent. Accordingly, some students and parents hope to build a new library during the summer renovation to strengthen the studying atmosphere at school.

Nevertheless, students may raise a question: Is school life all about study? We can firmly say "No" since putting over-emphasis on study can add mental burden to students. There was a school suicide case in China last year. A boy suddenly jumped out the window during lesson and was

eventually found dead because he could no longer endure the pressure of schoolwork. The sad news tells us how serious the consequence can be if we have no measures to alleviate the study pressure.

With this in mind, it is a must for our school to build a new gym since exercise is the most efficient and tenable way to relieve students' pressure. Exercising in the gym is a way for students to relax themselves. Through sweating, the stress and unhappiness from studies can be released and they will feel like a new person in the end. There is scientific evidence that during exercise, a happy hormone will release so students will feel much more pleasant eventually. According to the definition of health from WHO, mental well-being is a key element as well. If we want our students to study effectively, a new gym room should be built to give them a healthier school life.

The new gym is an essential part of improving students' health since it brings convenience to students to do exercise. It encourages students to do sports voluntarily and it keeps a balance between study and exercise in their lives. A new library can only be the second choice.

[27] 4A Wong Hoi Ching

School heroes

My school heroes are the janitors. I like them very much. They are just like my family!

The janitors of my school are very nice, kind and generous. I remember once I forgot to take tissue to the toilet, one janitor gave me the tissue and told me to remember to take it next time. They have a beautiful smile and a generous face. Some are thin and some are fat. But there is one thing in common. They all have a kind heart.

Why do I choose janitors as my school heroes? You must think that I am just kidding. Although teachers and friends are important to me, will they clean our school every day? Will they help us take all the rubbish to the rubbish bins? Just janitors will do. They are the best! They help us to clean the school every day and they will not say anything!

Lastly, I want to thank all the janitors. Because of them, our school is clean every day. If they had not been with us, our school would have been dirty and bad. Then no one would have wanted to study in this school and the environment would have been very bad too! They are so important! Thank you janitors, my school heroes.

Name of book: The lion, the Witch and the Wardrobe

Author: C.S. Lewis

Publisher: Hauper Collins

I really like Lucy, a little girl in the story. She is not a gallantry, but she is the bravest one. I think of the experiences of Lucy, Peter, Susan and Edmund.

They are courageous. Lucy discovered a magic wardrobe that was able to access the magical kingdom, Narnia. If Lucy had not found the magic wardrobe, Peter, Susan and Edmund would have never known that there was another place in the world. Also, Lucy was the only person that could find the lion, Aslan. Aslan said that she had a pure heart and she was brave. That was why she could be friends with everyone.

Although Lucy was just a little girl, she adventured with her family. She never escaped when there was a war. When I read this book, I hated Edmund. But I liked Lucy. She is my favourite character in this book.

The characters have cooperated four times in order to defeat the evil White Witch. It made me realize the importance of teamwork. One person's power is not enough. A lot of things cannot be achieved alone. But teamwork means sharing and helping. We can do anything together.

A letter to club members

Hi everyone,

I hope you're having a good day. Our school's Social Club is going to invite you to participate in voluntary work. I'm sure it will be great fun! Let me tell you the details.

First, let me tell you the date, time and place. The Flag Day will be held on 6 November on Saturday. And the time will be from 7:00a.m to 12:30p.m .Then, the place will be in the New Territories and Kowloon districts. Second, I will tell you why we need to raise funds. It is because it can support the elderly services, arouse citizens' care and love towards the elderly and make contribution to the community.

Lastly, if you want to join the Flag Day, you can submit the application form to Hong Kong Red Cross office by 22nd October 2015 via the following means: Mail to 10/F, The Hong Kong Red Cross Building, Central, Hong Kong or send an email to redcross@org.hk.

Let's take part in this charity event!

Best wishes,
Chris Wong

Libraries are not a waste, but a virtue

Given a highly advanced technology, the world is getting closer and closer and is bonded globally by the Internet and many beautiful old traditions are gradually abandoned. Recently, an article from the Hong Kong Post written by John Chan suggested libraries are a waste of community resources and online resources and the access to information digitally can replace public libraries. From my perspective as a local librarian, I disagree with him.

Libraries are more than getting information. Instead, it is a place to relax and learn. In terms of convenient access and quick reference to data or information, online resources are much more efficient than going to libraries. Nevertheless, sometimes we go to the library not only for a place where we can quietly read and try to get rid of the busy lifestyle, we can also find books for entertainment, books about science and books that we enjoy reading. Then, we can sit down and just immerse ourselves in our little imagination of fiction, instead of being overwhelmed by heavy daily workload. Besides, students in Hong Kong have different living conditions and some may have terrible learning atmosphere and environment. For them, libraries take up an important role in providing everything that can help enhance their academic performance, be it an informative computer or a sea of reference books. That's what the Internet can never provide.

Libraries are a sign of civilization and represent a culture of reading. Hong Kong is proud of its efficient transport network and comprehensive support for schools and hospitals. Yet, when it comes to the reading culture, Hong Kong could be the last few if it has a ranking. Imagine how a city can still be developed in a thriving way without the majority of the people gaining intellectual fulfillment in the pursuit of knowledge. Reading a book is really different from reading via the Internet. After reading a book, we can get a sense of accomplishment, achievement and satisfaction. That's how it starts from reading a book and having fun from it. Libraries really play an important role in nurturing the culture.

In the eyes of overseas people, Hong Kong is no more than a city characterised by rapid economic growth. Based on Mr. Chan's article, the cultural atmosphere in Hong Kong is really at stake. It's time for our citizens to re-examine our approach to reading and learning and try to make Hong Kong more than a thriving city but an intellectual and love-to-learn city.

A letter to the Principal

Dear Principal,

I am Chris Wong. I am writing to express my opinion about our school's numerous school activities. It may not be a problem to Junior Form students. However, it is a serious situation to us.

To start with, having too many school activities consumes a lot of time. Our school is now organising a variety of activities. Some are for entertainment and some are for learning. School activities are enjoyable. Nevertheless, too many of those will bring disadvantages such as students having less time to learn or study. If that happens, students' test results will not improve or even become worse.

Moreover, another effect of having too many school activities is that it will exhaust students. Senior Form students are busy all the time since they have to handle quizzes, homework and revision. If they also have to participate in so many school activities, they will definitely become tired. Therefore, they do not have the motivation to learn or do their hobbies in leisure time. Day and night, night and day, it may become their source of pressure.

To prevent students from suffering from these problems, I think our school should reduce the number of activities and do something to prepare F5 students for the

Hong Kong Diploma of Secondary Education Examination.

Firstly, our school should have more supplementary classes. Some students may encounter some difficulties or cannot keep up with the lessons. The supplementary classes allow students to ask questions and have revision and the teacher can explain the content in details.

Secondly, our school can also invite graduates from our school who get a great result in the HKDSE exam to come back and give us a talk. When preparing for the HKDSE exam, some of the students are confused since they don't know what to do. The graduates can share their study methods with our students and give some useful advice to them so they will understand how to prepare.

The above are my opinions about the adverse effects of having too many school activities on students' studies and what our school should do to help F.5 students to prepare for the HKDSE exam. Thank you for your patience in reading my letter.

Yours truly,
Chris Wong

Don't give up

Dear Lisa,

Hey, how are you? I know that you've decided to give up your studies so that you can be a full-time actress. I understand that you're enthusiastic about being an actress, but is that really the only career path that you can pursue by giving up your studies? I'm really worried about your decision, sis!

Firstly, I'm extremely worried about your living after you give up your studies. I think you have to face the reality as it's always very important for everyone to get a certificate of their academic performance in order to fulfil their dreams. No matter how good your acting is, large companies would always look at your certificates before they hire you. Have you ever thought of the situation if no company hires you? Then you'll get no income. Maybe they'll still give you a chance to act as a student but as time goes by, you'll never know if they'll still hire you in the future or not, right?

Further, I'm worried that you don't think clearly before you give up. It's really a valuable chance for you to study in the USA. Not many people could have this experience even though they've been putting all their effort into their studies. What if you find that you regret? You can never go back to the days when you can study at school.

You know what? Mom and dad have high expectations of you and that's why they've spent a lot of money in order to let you study in the USA. I understand that you want to spend more time practising your acting skills and become an extraordinary actress, but what if you find that it's no longer your dream when you grow older?

I really hope that you'll understand my worries and continue with your studies and of course your acting career. Also, remember to talk to me when you need me. I'm always willing to talk with you as you're my best sister.

Best wishes,
Vani

A wonderful school

Our facilities

We have a large hall where we have our assembly every Monday and Thursday in the morning.

Our library is spacious as well as bright. We can borrow different kinds of books. When we have our science lessons, we go to the science lab. It is awesome.

Our extra-curricular activities

We can join the Home Economics Club to cook different kinds of food. By joining the English Debate Club, we can go out and have debate competitions. Also, we can be the Environmental Ambassadors who are responsible for protecting the environment and helping to reduce global warming and air pollution.

We have won a lot of prizes. We have a lot of wonderful and kind teachers. There are a lot of clubs that we can join. If you want to know more about our school, you can call 2467 6672.

Proposal for teaching biking during PE

Introduction

We would like to put forward the following proposal for a new PE activity, which has been prepared by the sports club. This proposal will discuss the benefits and details of the biking lesson.

Biking, a new PE activity

Recently, some students at our school have become bored during PE lessons. Thus, we would like to include biking lessons, which reduces boredom.

Become healthier

Biking can help students become strong, muscular and healthier. Besides, they will have better academic performance because it reduces their chance of being sick.

Build 'never give up' spirit

Biking is a sport, which requires great spirit. In particular, when students ride up the slopes, they cannot give up. If they give up, they will fall from the bike. Thus, biking helps keep students in high spirit.

Details about biking

We suggest a biking lesson once every two weeks. Also, we can hold it in the cycling park, which is near our school. Mr Wong, the winner of the Hong Kong Biking Competition, will train the students. He supplies all the bikes and equipment. Students need to pay \$100 only.

How school can help stop student smoking

A problem has appeared at school. Some students have been caught smoking on school property. Nowadays, there are a lot of channels to buy cigarettes, such as at the convenience stores and from the Internet. However, it is against the law with regard to selling cigarettes to those under 18. In fact, the sellers intend to make a profit so they neglect the age of customers. Thus, it is easy for students to purchase cigarettes and they may have a bad behavior of smoking. It is impossible to block all the chances of purchasing cigarettes. The following are three solutions which may help students to quit smoking and prevent them from stepping on a road of no return.

The first solution is to make promotions about the ways of quitting smoking. For example, making a poster which informs students of the bad effects of smoking briefly. It is important for students who do not have any source of money. Despite the fact that their parents give them enough money, it wastes money for them to buy cigarettes. It will ruin the relationship between the parents and their children. The parents will find it unacceptable for their children to smoke and buy cigarettes. The consequences of smoking can be stuck on the noticeboards. Another method is to organize a talk. The talk can be about the ingredients of cigarettes which may cause serious diseases such as lung cancer.

Students can know that smoking does more harm than good in the talk. The advantage is that students who have ever smoked can think whether smoking is their only interest and whether it is necessary to smoke or not.

Secondly, schools should stop using an unyielding method to control students' mind. Scolding is not the right way to urge students to abstain from smoking. Students may ignore the teachers and refuse to listen to their advice, which is actually blaming. Listening patiently instead of scolding is an effective and peaceful way to solve this problem. Stress is a common problem which causes smoking. Smoking cannot represent whether a person is good or bad. Thus, understanding students' mind is the best way to persuade them to avoid smoking.

Thirdly, we are a shield to protect them. At the beginning, they may feel tough and powerless to resist the addiction. Giving up is the biggest enemy during the process of quitting smoking. Friends, teachers and the school should play an important role in encouraging them. Just a simple sentence like 'you can do it' can encourage them when they are confused.

Every step of the school affects students. Solving the problem of smoking is the first step to nurture students. They may dedicate themselves in the future as they are the future pillars of our society.

A wonderful band show

Last week, I watched a band show during the music festival at school. That was not a popular band in Hong Kong. They had four members. The show amazed the audience.

They were singing, dancing, playing drums and the guitar. None of the audience felt bored. The show and their performance were very exciting. The audience sang and danced along with the band.

There were many surprising moments. Our teachers were also amazed by the show. Teachers were dancing and singing together. We could hear them singing with beautiful voices and they danced well. Students were not only impressed by the band, we enjoyed the teachers' singing. The band was powerful. No matter what they sang and played, it was wonderful.

I think this show was the greatest show I have ever watched. The audience was certainly not disappointed with the band performance, but I think the band members were quite shy. They could be better. At the end of the show, the audience clapped for a long time. I wanted to watch the show again.

Social media

When you walk on the street or take a stroll in the park, wherever you are, you can see a lightening screen in almost everyone's hand. Most of them are using instant messaging or social networking websites. Even adults are getting immersed in those social media websites, not to mention many teenagers who indulge themselves in using such time-wasting social media. Currently, there has been an argument that the use of instant messaging and social networking websites prevents teenagers from developing proper social skills. I totally agree with it. Let me tell you why I agree with it.

First of all, the use of social media will affect teenagers' development of proper social skills because the social media affect teenagers' normal social lives. Someone may argue that teenagers can also develop their social skills by using social media and communicating with other people. I have a completely different opinion to it. The main cause of teenagers not being able to develop social skills is that they are too indulged in using the social media. It will undermine their ability of communication. Good social skills are developed through a normal social life. If teenagers use instant messaging too much, it affects their normal social lives. As a result, they cannot develop proper social skills.

“Selfie apps: beauty or beast”

Having “V”-shaped face, “bling bling” big eyes, 44 inch legs, are the dreams for most women. But it is no longer a dream for ladies nowadays because these body features can be possessed in painless means with the use of beauty-enhancing selfie apps.

I am a young girl who likes snapping selfies whenever and wherever I go. I can use my phone to take a good photo and share it with my friends easily. I think snapping selfie is a useful invention too.

Some of the girls like using some beauty-enhancing selfie apps like BeautyPlus, Meitu, Cyberlink and so on to make themselves more good-looking after snapping selfies. I also love being beautiful but I will not use these apps because I think the photos looked fake after using the apps. I like the photo to be more natural and I do not like any artificial enhancement on my face. I am confident of myself and I do not want people to focus on my looks. I will mock at myself if I use the apps to make myself good-looking.

Snapping selfies seem to be a hot trend across the globe. I agree that it should be encouraged because everyone likes to post their beautiful selfies in order to get people’s appreciation. One may feel satisfied with their photos being appreciated and have a sense of superiority which boosts their self-esteem. Moreover, we can take our photos easily

by using those apps.

However, if the trend of snapping selfies for the purpose of winning admiration goes on, the meaning of taking photos will be lost. Besides, people are just living in a “virtual society” as one just sees a lot of photos which are fake. It may destroy the relationship and the trust between each other.

Natural beauty is true beauty. Using different apps to make ourselves look perfect is just a joke and fooling ourselves.

The benefits of social networking sites

It is understandable why people around the world spend much time using social networking sites. There are a number of reasons for this, including using networking sites to make it easy for us to connect with friends and increasing the speed of spreading information.

The importance of networking sites is that they can connect people instantly. Networking sites provide instant messengers, to connect with friends and find old friends there in real-time. In addition, we can build an interest group in the networking sites. We can find people who have the same interests. There is no doubt that using social networking sites, we can make friends on the internet and connect with new or old friends easily.

It is common to get information on the networking sites. For instance, everyone shares some special and amazing news in real-time. This definitely increases the speed of spreading news. And then, a lot of people check the networking sites during their leisure time, like Facebook, Instagram and Twitter. Someone share their interesting things in the group so that everyone can find information in the interest group. There is no doubt that networking sites increase the speed of getting a lot of information.

In conclusion, we can make or connect with friends on the internet and increase the speed of spreading information. It is no wonder that social networking sites have a lot of benefits and they should not be banned.

Online shopping

Online Shopping is a great invention of modern technology. Nowadays, many people such as my family like to shop online. I like to buy things from online shops because the quality of goods is good and prices are lower than those of retail stores. I usually go online to buy things such as clothes, shoes and pens. My favourite online shopping website is Taobao because it is convenient, easy and quick to use. Let me tell you why I like shopping online.

First, you can find the lowest price items in the online shops. Finding many shops is easy.

Secondly, you can buy anytime on smartphones or computers. You do not need to go to a shopping centre.

Thirdly, online shopping is popular. Many people always buy things online because it is easy and quick.

Lastly, some online stores may offer discounts, such as "buy three, get one free". Some may have twenty percent off when you shop online. Some stores may even give some gifts to you.

What's best is that you don't have to pay cash. You can pay by Octopus or alipay. These are the reasons why I love shopping online. Are you interested in shopping online then?

Donations

Suggestions of spending donations

I believe that the donation can help us to improve the school's technological equipment. Our equipment such as computers, screens and projectors has been used for a long time so this is a great moment for us to improve and update our technological equipment. Technological products are very expensive and the donation can cover the cost of buying the equipment. We can buy different types of technological equipment which is more effective, useful and convenient.

How students can benefit from the improvement

Nowadays, technology is indispensable in our life. Therefore, if we buy more equipment, students will enhance their IT skills. Since IT skills are very important nowadays, it will be good for them in the future. Also, students can do their homework more effectively. If there is something they want to find out, they can look up answers on the Internet.

How school should thank the donor

It is believed that not all people will share what they have with others. Therefore, in order to express our gratitude to the donor, we can set up a room and use his name so every student can remember the person who is very important for our school.

A greedy man

Once upon a time, a man inherited all the money from his dying father.

When the man grew up, he poured all the money to the sea. Then he became poor.

At night, he slept in the street. In his dream, he saw his father. His father said "Naughty Boy! I'll give you a chance. I give you a bottle. When you need to eat or drink, it'll help you."

When the man opened his eyes, the dream came true. He had a bottle and it could give him food to eat!

He became a rich man. Five years later, he was greedy and he wanted to break the bottle because the bottle could give him food only. He used an axe to break the bottle.

The bottle broke. Finally, the man became a poor man again. The story teaches us that we should not be greedy.

A letter to the local charity officer

Dear Officer,

I have realized that there are a lot of homeless people living in the area after paying a visit to a friend around my district. I would like to tell you about the situation.

As I see, homeless people are not treated squarely by the government. The government just turns a blind eye to their circumstances and there are few policies to save them out of the bridge. They almost get nothing from the government. So I think our local charity officer should take responsibility for saving them out of this kind of plight. I would like to outline ways which can help these people.

At first glance, we can help them to find some opportunities to work. To get out of poverty, the first thing we can do is help them to find a job. If homeless people have work, that means they have money. If they have money, that means they can satisfy the basic needs of lives. So we can be a bridge between community companies and homeless people to help homeless people to get a job. It is one of the many ways to help them get out of poverty.

Secondly, we can bring some materials to meet their short term needs. In my view, we should let them know they can be a good person in this society, then they will be more willing to reintegrate into the community. That's why it is

short term help. We can bring some food, old clothes and old beds for them to live under the bridge first. This action may reduce the difficulty they face living under the bridge. So I think it is a necessary way to help them.

Moreover, we can ask the government to face this problem and implement more policies to help homeless people. Government is a vital character to help homeless people. It is because the government has more resources than us to help them. For instance, the government can give more welfare to them, such as providing some money for them to live in a short term. That's what we can do. It is because we can't give money to all of them. Also, the government is responsible for helping them as well because homeless people are also residents of Hong Kong. So it is justifiable for the government to help them.

Furthermore, we can ask some social workers to help them to face their emotional problems. I believe that some homeless people may be scared or anxious to integrate into the community. It is because they haven't got in touch with the people in the community for a long time and they don't even know anything happening in the community. Under these circumstances, I suggest we should ask some social workers to communicate with them and encourage them to reintegrate into society again. I think it is a vital step to give them confidence to reintegrate into society again. So I think we should ask some social workers to follow up homeless people's cases.

Last but not least, we can raise money for the homeless

people. In the past, it was rare to see local charity raising money for homeless people. Those organizations always raised money for the elderly and the disabled. But in my view, we should raise money for the homeless people too. It is because they need to have money to make a living before they have a job. Moreover, we should give more care to homeless people. So it is a feasible way to help them get out of poverty.

The number of homeless people is increasing at an alarming rate. I am not sure if these ways are sufficient to help them or not. But I am sure we have to take action as soon as possible. The more we do, the more homeless people we can save.

The cause of having a large number of homeless people is that they get little help. So we ought to try our best to help them. Hope that we can reduce their burden of living in this city.

Yours sincerely,
Chris Wong

[44] 2C Chris Hayashi

Cold comfort

Have you ever experienced that moment when you are down but when your best friend tries to comfort you, but you feel like that 'comfort' makes you feel even worse? Well, I have. And it was certainly the most depressing moment in my life because you may think your friend intentionally did something to make you feel worse. You may start to doubt why your friend did not know that it did not work. And you may start to ask yourself why she is so lucky and you are not. You may start to doubt your friendship. Can cold comfort kill?

"I'm so sorry for that! I know you've tried your best. I can be your guardian angel. I'll be there if you need me and I'll support you all the way. The second Math test is coming soon right? Everything is going to be alright!"

This soft and sweet voice was from Angel, my classmate and my best friend. As her name implies, she is like a guardian angel who is always kind, innocent, smart and sweet. She comes from a loving family. Each time when I encounter difficulties, she will comfort me. It works. You know, as a teenager, sometimes when your life is not smooth, you'd probably think the whole world has collapsed. You usually seek help from your friends because we meet almost every day and understand each other well. Besides, Angel is unique. She is very generous about giving comfort. She is trying all her best to get some positive energy.

I believe she is born to be an angel. She owns everything

that I want. I always think I am lucky to have her as my best friend. I think she is different from my other best friends in the past. Unlike her, I am the 'Anger' and 'Sadness' in 'Inside Out'. I hate unfairness and I must speak it out when there is any. I always doubt that the world is unfair to me. I always feel sad. But we do have one thing in common – we get emotional easily.

"How do you know that everything is going to be alright?" I asked hopelessly.

"I can teach you. We can study together! How about next week?" She said in her encouraging soft voice.

"Oh, that's great! Let's do this together!"

Yes it worked.

Right before the second test, Angel found that she lost her calculator. She would definitely fail the test without the calculator.

"Use mine!" I whispered and lent her my calculator.

"Oh, how can you...." She replied with surprise.

"That's okay! You know me. I will NOT pass. And you're my best friend!" I was trying to keep my voice weak.

At last, Angel got high marks as usual. I failed, as expected.

"Thanks so much! But please don't do that next time. I

just think it's not right!" she said while holding her tears.

"That's okay! I was hopeless at Math. Even though I had the calculator I would not pass the test." I said. I felt sad about the result at the very beginning, but now, her comfort is worth more than the Math test.

Yes it worked again.

"What, you got only 20 marks? What an idiot!" Eric, the bully in our class, laughed when he saw my marks.

"How about you? You only got 10 marks? I got a higher mark than you even without the calculator. See who is the idiot!" I shouted angrily.

"Just ignore him! Don't get angry!" Angel comforted me again. One more successful case.

However, there was a time when it did not work. And it was the time when the second test result was brought home.

"Why can't you get a higher mark in the second test?" Mum shouted.

"Do you know how difficult it is? You never understand! You know nothing!" I cried loudly.

"If you spend more time studying and less time arguing, your results will be better!" she shouted louder and slapped me...

We were so noisy that my neighbors decided to call the

police and stopped the 'fight' between us. We were silent finally. My father was out of town so it was just me and my mum in the house. I kept crying crazily in my room while my mum sat outside. We enjoyed our distance. From our deepest heart, we thanked the police who helped us keep silent. It felt like I was being stuck there. I felt so bad that I wondered if I had already got into depression. I was thinking about the meaning of life. I wondered why my life had no love.

I called Angel, telling her what had happened. I asked if she could come out and meet me somewhere. I wanted to listen to her comfort. I thought she would answer my phone immediately. Instead she texted me.

"Are you okay? I'm so sorry for that! I know you've tried your best. I'll be there if you need me and I'll support you all the way" she typed.

"So can we meet now?" I asked desperately.

"I'm so sorry I can't! How about texting?" she replied on Whatsapp.

But she cannot. So what she just said was nonsense! Didn't she say "I'll be there"? She is a lucky girl. Her caring mum never scolds her. She always gets high marks in the tests. She is popular in school. Everybody thinks she is a real angel. I am her best friend. At least I think so. I got used to "I'll be there" from my former best friends because they just said it but they never showed up when I needed them. I thought Angel was different.

I was at a difficult time. And this was what I got from my

guardian angel? I felt so bad because my mum scolded me. I had an argument with my mum because I failed the Math test. I failed the test because I lent her my calculator! But now she said she could not meet me when I needed her!

This is the COLDEST COMFORT I have ever got in my life!!! Angel is no DIFFERENT!

"How can you say you CAN'T? Why don't you come and see me? Do you think I'm not your best friend?" I replied on Whatsapp.

"Come on! You're crazy! You should calm down." She replied.

I could not believe it was from her. It was still so cold. She must know that I was feeling very sad. But she still answered it in a cold way. Did she want me to feel bad? I know. From the very beginning she does not want to be my best friend. Maybe she wants to break our friendship. We are so different. I think she is just the same as my former best friends.

"If it's not you, I'll pass my Math test!!"

"Ridiculous!! Okay whatever!"

"Angel! Do you know how bad I'm feeling now? It seems you don't care! Okay! I know it! We're NOT friends anymore!" I answered very angrily.

I kept crying in my room for the whole night. It was the first time I had not got any comfort from Angel since we were friends. It was definitely a cold and difficult night.

Since that night, everything has changed. The world is cold. I became a lonely girl. My school life became arguing with others. I did not think Angel's life changed a lot. She is always well-liked. She could always find some friends to chat with. From the very beginning I am not important to her. But I could feel that she was not as cheerful and positive as before.

A few days later, something happened. After I had finished my lunch in the noisy playground, I went to the library, a good place for a lonely girl. When I passed by our classroom, I found that Eric took something out from Angel's bag. It was strange because everybody should be outside enjoying their lunches now. Besides, Angel and Eric are not friends. But anyway, Angel is well-liked. Maybe Eric became her friend now. I just ignored that and left.

After lunch, when I went to the classroom, Angel was crying. Though she liked crying, I had never seen her cry like this before. After a while, Mr Chan, our class teacher, came to her.

"I'm sorry for that. We'll try our best to find the thief. At the same time, I'll call your parents and tell them that you lost your mobile phone..." Mr Chan said calmly.

"NO! No, please don't call my parents!!" Angel shouted.

Angel's parents are one of the kindest people in the world. I could not understand why she was so afraid of this.

"But I have to. Your phone is your parents' property. They must be informed when you lose it." Mr Chan insisted.

"How can I stop you from calling them?" Angel asked with sadness.

"Stop...stop me? Okay, if we can find out the phone now, the case will be closed. Then I won't call them" Mr Chan replied.

"Mr Chan, I know who the thief is!" I know it was my time.

"Who?"

"Eric! I saw him take something out from Angel's bag at lunch!!" I shouted.

"Eric, show me all your belongings. If we find it, we can call the police and ask them to catch you." Mr Chan turned to him immediately.

"Okay, it's me. Please DON'T call the police!" Eric admitted it.

"Take it out and we won't call them. If you tell me you sold it, nobody can stop me this time." Mr. Chan was so good at negotiating with naughty students.

Eric took out the phone accordingly. He got some demerit points. The case was closed.

"Thank you very much!" Angel talked to me.

"You're welcome. You don't need to be so sad." I tried to calm myself down.

"My parents are going to divorce. I'll live with my mum and she'll have a financial burden. If I lost the phone..." This time it was Angel who tried to calm herself down while speaking.

Oh, divorce? I thought Angel had a perfect family! That is why she looked so sad recently?

"Oh, I'm so sorry..." I was not talented at comforting others.

"That's okay. Thanks for your kindness. I hope you feel better about your family now. On that day I couldn't come out because my parents were arguing as well. I had to stay at home and comfort them. I feel exhausted about always comforting others." She spoke in her very weak voice.

"Oh, I'm so sorry..." I really didn't know what I should say. "Shall we be friends again?" This was the bravest question I asked in my life.

"I think so." she replied.

Cold comfort cannot kill. It is because whether the comfort is cold or warm, it does show the kindness of a person. And this is what we should learn and treasure.

[45] 1D Leung Hiu Tung

The brave dog

Once upon a time, a man called Ben had a dog called Bobo. One Sunday, they went for a walk in the park at 3 o'clock in the afternoon.

Suddenly, they heard a woman screaming for help. "Ouch! It hurts! Help! Help!" said the woman. Ben and Bobo saw a dog. It was biting the woman. Bobo, the dog, ran quickly to the woman to save her and it fought with the fierce dog. The woman was bleeding so badly that Ben called the ambulance. The woman was sad because she was in pain.

The woman requested the police to catch the dog. Then, the police searched everywhere at the park. Finally, they caught that fierce dog. The woman thanked the police, Ben and Bobo. She gave a thank-you card to Ben and Bobo.

Three little pigs and a big bad wolf

A long time ago, a mother pig let her three little pigs live independently. Then, the three little pigs lived in a forest. Each of them needed to build a house.

One day, a big bad wolf called Ben saw the three little pigs. He was hungry and wanted to eat them. First he went to the youngest pig's house — Jimmy's house. His house was built with straw. The cunning wolf went to Jimmy's house and took a deep breath. Then, he blew and the house collapsed. Jimmy was scared and he went to his younger brother's house and said "Help! Help!"

After that, Ben went to the second pig's house. His house was built with sticks. Ben said "I will eat you!" The second pig Leo and the youngest pig, Jimmy were very frightened. Ben blew several times. The house collapsed too. Leo and Jimmy were scared. They went to the eldest pig's house.

Then, Ben went to the eldest pig's house — Kelvin's house. He said "This is your last house. If I blow, you will all die!" He blew and blew but the house did not collapse because the house was built with bricks. Kelvin said "No worries guys. My house is very sturdy and the wolf won't succeed!" Ben became very furious and he wanted to have a fight with the three little pigs. However, he was accidentally stumbled by a

stone and died.

Finally, the three little pigs celebrated happily at night. They had lots of snacks, such as egg tarts, red bean pudding etc. They were very full and they went to bed at 10:00pm.

A painful event

One Sunday in July 2015, Mrs. Chan took a walk with her tiny and cute puppy Bingo in Tuen Mun Park. Bingo had sharp claws, a long tail and brown fur. In Tuen Mun Park, an unforgettable event happened.

At 1:00 pm in the afternoon, when Mrs. Chan was walking with Bingo, Bingo suddenly became fierce and bit Mrs. Chan's mouth. Mrs. Chan said "Oh! My god! Bingo, why do you bite me?" Mrs. Chan's mouth was injured. Then, she drove to hospital. During the journey, she said to Bingo "Oh! Bingo, don't bite me again!" Bingo barked a few times.

Mrs. Chan needed to go to hospital to treat her injury every week. Every time she went to the hospital, she touched Bingo and told Bingo, "Bingo, you have always been loyal to me. Why did you hurt my mouth?" Bingo shook its tail and barked when Mrs. Chan talked to her. Later, Bingo never bit Mrs. Chan again and they lived happily forever.

The black cat

On Monday at 9 o'clock in the evening, a cat walked on the street feeling very relaxed.

Suddenly, Wonder Whiskers felt very uncomfortable. He felt the danger. After that, the cat saw a dog and a couple. The dog wanted to throw the brick and hurt the couple. The cat heard the dog saying bad things. He wanted to use the brick to hurt the couple.

At last, the cat screamed loudly to warn the couple about the danger. The couple then escaped from the brick. The dog left angrily. The couple thanked the cat and gave her some cat snacks. They took the cat home.

Where the wild things are?

Dear Susan,

Hi! How are you? After you got into the university, we seldom communicated because we were not living together anymore. We argued about everything. Now you are a more mature person, and you have a better attitude. But I haven't changed much. Affected by a book, I think I should write a letter to you to talk about our relationship because I have been a troubled person in your eyes.

My sister, before you became a university student, we couldn't get along with each other well. You know, I had given you lots of trouble. I always challenged you. I was always attention-seeking. I always talked to you when you were busy. You always helped me. Now you are a Year One student at university, and I am still a Form Two student. I know arguing may hurt your feeling, but I just couldn't control it.

A book titled "Where the Wild Things are" helped me think about our relationship. In the story, there was a boy called Max, who was always mischievous. He even called his mother "Wild thing" so his mother didn't give him dinner. After that, he went to a dream world. He dreamt that he became the king of the forest. But he felt lonely and stepped into his private boat and exited the forest. Finally, he came back to his room; and he found his dinner was still hot.

After I read the story, I realized I am a troubled person in your eyes. But you know me, I won't apologise because I feel embarrassed. I am sorry! I was too rude. I wished I could be the king of the world because I could control everything. But this story tells me that it only brings loneliness to me. I argued with you because I thought I was correct. I was superior. But now I know I am wrong. And actually you are older and more mature than me. Though I don't totally understand why you sometimes argue with me, I should listen to you. I suddenly remember that you said you would buy me a Macbook after you graduate from university. It reminds me that you are always nice to me. I trust that you will do it.

Hope you will do well at university.

With love,
Iris

The mysterious shoplifting

There was a theft in a 7-11 convenience shop at Tuen Mun shopping centre last night. There was no one on the street. It was dark and silent.

"Oh, where is the money?" the 7-11 convenience shop assistant shouted loudly.

The 7-11 staff found some money missing when he checked the cash register. He was scared so he called the police immediately. The policemen and the detectives arrived and investigated the case. Detective Lee rushed to the crime scene and studied the crime scene carefully.

Then, Detective Lee met the witness outside the convenience store. The witness was a boy. The boy pointed at the man who wore a hat which has the number '7' on it. Detective Lee walked to the man and started questioning him. "Not me! Please trust me!" said the man and he was sweating.

Next, Detective Lee reached into the man's trouser pocket and found the missing money. The man felt regret.

Finally, the convenience store assistant said thank you to the detective. At the same time, the policemen sent the thief to prison.

I love my school

What is 'school'? The answer may vary for different people. Most of us may say that school is a place for students to study. For me, Buddhist Leung Chik Wai College is more than a school.

BLCWC provides students with a good learning environment. There are study rooms for us to do our homework and revision quietly so we can concentrate on our work. If we have any difficulties, we can make good use of the computers or even ask teachers for help. Teachers in my school are always willing to lend a helping hand. What's more is that my school keeps making improvements with its facilities including washrooms, the library, computer rooms, etc. With the help of all these facilities, I am able to learn in a more efficient and effective way.

Not only does BLCWC provide a good place for studying, it also gives me a great number of opportunities to make progress and achieve. In the past, I was quite an introverted student and I seldom grabbed chances for myself. Thanks to the attentive teachers who care about every student around them and encourage us to participate in a wide variety of courses, activities and even competitions. Without the support of my school, I would never get have had a chance to explore, let alone achieve success.

BLCWC is not only my school, it is my home where I

meet my 'family'. Classmates are my siblings. Although some of them are naughty and rude, I just love the way they are. We are totally different but it is great to have them to share my school life. Teachers are my friends. Academic performance is not the only thing they care about. They will also be by my side when I am frustrated. They are the best listeners and advisers in my life. Thank you all for being with me whenever I was delighted or depressed.

I love my school because it is where I learn to be mature. Honestly speaking, I was disappointed when I entered this school since I could not secure a place in the school I chose. But now I discover that it is much better for me to study in BLCWC since there are the best teachers and schoolmates I have ever met and also it's a good environment for me to learn, to communicate and to spend my priceless six years.

I am grateful that I have become a student of BLCWC, which gives me an unforgettable and wonderful school life.

[52] 5A Wong Wai Sum

Time flies

Time flies! The first day when I entered this school feels just like yesterday, but I am going to be the one who will graduate next year. My secondary school life is going to end very soon. Many memorable things happened in these 5 years. The school provides us with a good environment for studying and meeting new friends and I think I won't forget these memories easily.

Teachers are one of the most valuable resources at this school. When I became a secondary four student, there were extra lessons almost every day after school. Inevitably, we couldn't say no to them and had to attend these lessons in order to learn more and get better results in the future. Despite the fact that teachers are the ones who require students to stay after school, I think they feel more or less the same as the students. Who doesn't want to leave earlier? Although I don't like extra lessons, we still need to be grateful to our teachers because they spend extra time helping us to learn more.

Besides, BLCWC provides many activities for students to join. I think the most attractive activity must be the overseas study tours. Every year, there is a study tour to an English-speaking country for students to learn English through travelling. Also, different subjects will organize tours to many different places too. Not only can we learn in the classroom, but we can also experience life outside the

classroom. It is also a good chance for us to spend time with our friends. It is an unforgettable experience.

In addition, our school provides chances for students to participate in different 'jobs' at school. Teachers encourage us to join more activities and work for the school. Students can choose to participate in the job that they are interested in or good at and show their talents. For me, I was a librarian and monitor before and I am a prefect leader and student tutor now. I learnt a lot from these duties, such as communication skills.

Sometimes, we have a lot of complaints about the school, but there are still many shining points that are worth paying attention to. Although there are both good and bad times at school, I don't think our school is as bad as what other people say. So treasure the time that you spend with your classmates at BLCWC as it will become a special memory in your life.

[53]5A Liu Zekai

My lovely school

Can you think of a place where one meets children from different backgrounds, character traits, temperaments, etc.? My school is not special, but I love it.

Learning the skills of programming in the Computer Room, making robots dance to your tune in the Design and Technology Room, drawing flawless paintings in the Art Room... Could there be a better fairyland than our school to make all this happen?

Imagine how dull our lives would be if there were no schools. Thanks to BLCWC, we have the open spacious grounds to run and play and the world of books where we live in the characters described in them.

My school, which is located near a ferry pier, is the place which I have described above. It's like blood flowing in veins, so I simply cannot live without it. In BLCWC, I meet a lot of people and most of them have become my friends. This place is full of memories of tears, laughter, worries, etc. Without the life of being a student in my school, those memories will never be in my mind!

BLCWC is not a top-class school. Everyone has to work hard in order to have a higher chance of getting into university.

Teachers in our school are very patient and enthusiastic. Every time I have a question to ask them, they explain it in a very detailed way and make sure I understand it.

Since our school is a Buddhist school, every time a natural disaster happens, we recite the Buddhist scriptures. It sounds weird but that's what makes our school so special.

My school is also the place where I got my first gold medal in Sports Day and my first championship of the Hong Kong Music Festival. This place is where I really grew up and became independent.

When I was a Form One student, I often forgot to finish all the homework. Under the heavy pressure from the punishment I might receive for not handing in my homework, I could finish all my homework on time for about two to three years. This made me become more responsible to my own work, and that's why I love my school. This place provides a good opportunity for me to make friends, probably the best friends in my life.

Without this school, I won't get all those achievements, let alone the mental growth which helps me a lot. I love my school, not only the people, but everything. Some people think that they don't love their school because doing loads of homework seems to be the only thing that they can remember. But I think there are lots of things that can be remembered such as the knowledge you learn, funny stories,

different activities, etc. There are lots of good memories as long as you enjoy your school days.

Only the word 'exciting' is not enough to describe the feeling that my school gives me. My school life is fun and challenging and more importantly, each day is a totally different story, an adventure, a discovery. It's hard to imagine a day without my school. I hope I can learn more in this lovely place.



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